

JESSICA (JESSEE) R. DIETCH, Ph.D.

Curriculum Vitae
Updated October 2021

CONTACT INFORMATION

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PROFESSIONAL APPOINTMENTS

Dates	Position	Organization	Location
03/2021 -	Assistant Professor	Oregon State University (OSU), School of Psychological Science	Corvallis, OR

PROFESSIONAL LICENSE AND CERTIFICATION

Licensed Clinical Psychologist (Oregon #3295) as of 3/22/2021
Provider in Cognitive Processing Therapy for Posttraumatic Stress Disorder as of 3/22/2021
Credentialed as National Register Health Service Psychologist (148259) as of 8/31/2021
Board Certified in Behavioral Sleep Medicine as of 10/27/2021

RESEARCH INTERESTS

Broad interests in improving accessibility to behavioral sleep health interventions and examining sleep as a domain of health behavior. Specific areas of focus include: **1)** development and dissemination of behavioral sleep medicine interventions, **2)** sleep disparities and sleep health in special populations, and **3)** sleep and sleep disorders methodology and assessment.

EDUCATION AND TRAINING

Years	Degree	Focus/Major	Institution
2020 – 2021	T32 Postdoctoral Fellowship	Behavioral Sleep Medicine	Stanford University School of Medicine
2019 – 2020	Postdoctoral Fellowship	Behavioral Sleep Medicine	VA Palo Alto Health Care System
2018 – 2019	Internship	Clinical Psychology	Durham VA Healthcare System
2015 – 2019	PhD	Clinical Health Psychology	University of North Texas
2016 – 2019	MS	Research, Measurement & Statistics	University of North Texas
2012 – 2015	MS	Clinical Health Psychology	University of North Texas
2006 – 2010	BA	Psychology	Chapman University
2006 – 2010	BFA	Film Production	Chapman University

PUBLICATIONS (*=mentored student); ^=joint first authors

Peer-Reviewed Original Research, Meta-Analyses, Systematic Reviews

1. Shepherd-Banigan, M, Drake, C, **Dietch, JR**, Shapiro, A, Tabriz, AA, Van Voorhees, EE, Uthappa, DM, Wang, T, Lusk, JB, Rossitch, SS, Fulton, J, Gordon, A, Ear, B, Cantrell, S, Gierisch, JM, Williams, JW, Goldstein, KM. (*in press*). Primary care engagement among individuals with experiences of homelessness and serious mental illness: An evidence map. *Journal of General Internal Medicine*.
2. Wilkerson, A. K., Wardle-Pinkston, S., **Dietch, J. R.**, Pruiksma, K., Simmons, R. O., Bunnell, B. E., & Taylor, D. J. (*in press*). Web-based provider training of cognitive behavioral therapy of insomnia: Engagement rates, knowledge acquisition, and provider acceptability. *Cognitive Behavioural Therapy*.
3. Slavish, D.C., **Dietch, J.R.**, Kane, H.S., Messman, B.A.,* Garcia, O., Wiley, J.F., Yap, Y., Kelly, K., Ruggiero, C., & Taylor, D.J. (*in press*). Daily stress and sleep associations vary by work schedule: A between- and within-person analysis in nurses. *Journal of Sleep Research*.
4. Emert, S., Gunn, H., Molzof, H., **Dietch, J.R.**, & Lichstein, K. (*in press*). Insomnia identity in a clinical sample. *Behaviour Research and Therapy*.
5. Bilsky, S.A., Luber, M.J., Cloutier, R.M., **Dietch, J.R.**, Taylor, D.J., & Friedman, H.P. (*in press*). Cigarette use, anxiety, and insomnia from adolescence to early adulthood: A longitudinal indirect effects test. *Addictive Behaviors*.
6. **Dietch, J.R.**, & Taylor, D.J. (2021). Evaluation of the Consensus Sleep Diary: Comparison with single-channel EEG, actigraphy, and retrospective questionnaire. *Journal of Clinical Sleep Medicine*, 17(7), 1389-99. doi: 10.5664/jcsm.9200
7. Zhang, Y., Vakhtin, A., **Dietch, J.R.**, Jennings, J., Yesavage, J., Clark, D., Bayley, P., Ashford, J.W., & Furst, A. (2021) Brainstem damage is associated with poorer sleep quality and increased pain in Gulf War Illness Veterans. *Life Science*, 280, 19724. doi: 10.1016/j.lfs.2021.119724.
8. Garcia, O.,^ Slavish, D.C.,^ **Dietch, J.R.**, Messman, B.,* Contractor, A., Haynes, P., Pruiksma, K.E., Kelly, K., Ruggiero, C.J., & Taylor, D.J. (2021). What goes around comes around: Nightmares and daily stress are bidirectionally associated in nurses. *Stress and Health*. 10.1002/smi.3048
9. Messman, B.A.,* Slavish, D.C., **Dietch, J.R.**, Jenkins, B.N., ten Brink, M., & Taylor, D.J. (2021). Associations between daily affect and sleep vary by assessment type: What can ambulatory EEG add to the picture? *Sleep Health*, 7(2), 219-28. doi: 10.1016/j.sleh.2020.11.009
10. Taylor, D. J., **Dietch, J. R.**, Pruiksma, K. E., Calhoun, C. D., Milanak, M. E., Wardle-Pinkston, S., Rheingold, A. A., Ruggiero, K. J., Bunnell, B. E., & Wilkerson, A. K. (2021). Developing and testing a web-based provider training for cognitive behavioral therapy of insomnia (CBT-I). *Military Medicine*, 186(Suppl 1). 30-2308. doi: 10.1093/milmed/usaa359

11. **Dietch, J.R.**, Taylor, D.J., Pruiksma, K., Wardle-Pinkston, S., Slavish, D.C., Messman, B.A., Estevez, R., Ruggero, C.J., & Kelly, K. (2020). The Nightmare Disorder Index: Development and initial validation in a sample of nurses. *Sleep*, 44(5), zsa254. doi: 10.1093/sleep/zsaa254
12. Taylor, D. J., Pruiksma, K. E., Mintz, J., Slavish, D. C., Wardle-Pinkston, S., Tyler, H., Dondanville, K. A., Young-McCaughan, S., Scullin, M. K., Nicholson, K. L., Litz, B. T., **Dietch, J. R.**, Williamson, D. E., Keane, T. M., Peterson, A. L., & Resick, P. A., for the Consortium to Alleviate PTSD. (2020). Treatment of comorbid sleep disorders and posttraumatic stress disorder in active duty military: Design and methodology of a randomized clinical trial. *Contemporary Clinical Trials*, 99, Article 106186. doi: 10.1016/j.cct.2020.106186
13. Walker, J.,* Slavish, D.C., Dolan, M., **Dietch, J.R.**, Wardle-Pinkston, S., Messman, B.A.,* Ruggero, C.J., Kohut, M., Borwick, J., Kelly, K., & Taylor, D.J. (2020). Age-dependent associations among insomnia, depression, and inflammation in nurses. *Psychology & Health*. doi: 10.1080/08870446.2020.1805450
14. Slavish, D.C., Taylor, D.J., **Dietch, J.R.**, Wardle-Pinkston, S., Messman, B.A.*, Ruggero, C.J., Kohut, M., & Kelly, K. (2020) Intraindividual variability in sleep and levels of systemic inflammation in nurses. *Psychosomatic Medicine*, 82(7). 678-88. doi: 10.1097/PSY.0000000000000843
15. Slavish, D.C., Asbee, J., Veeramachaneni, K.,* Messman, B.,* Scott, B.,* Sin, N.L., Taylor, D.J. & **Dietch, J.R.** (2020). The cycle of daily stress and sleep: Sleep measurement matters. *Annals of Behavioral Medicine*, kaaa053. doi: 10.1093/abm/kaa053
16. Wells, S. Y., **Dietch, J. R.**, Edner, B. J., Glassman, L. H., Thorp, S. R., Morland, L. A., & Aarons, G. A. (2020). The development of a brief version of the Insomnia Severity Index (ISI-3) in older adult veterans with Posttraumatic Stress Disorder. *Behavioral Sleep Medicine*. doi: 10.1080/15402002.2020.1760278
17. Pruiksma, K. E., Slavish, D. C., Taylor, D. J., **Dietch, J. R.**, Tyler, H., Dolan, M., Bryan, A. O., & Bryan, C. J. (2020). Nightmares and insomnia in the U.S. National Guard: Mental and physical health correlates. *International Journal of Behavioral Medicine*. doi: 10.1007/s12529-020-09889-2
18. Lauer, E. E., **Dietch, J.R.**, Chu, T.L., Barton, M., Martin, S.B., Petrie, T.A., Greenleaf, C.A., & Taylor, D.J. (2020). Psychosocial well-being and insomnia differ by weight control behaviors among healthy-weight adolescent females: Brief report. *International Journal of Behavioral Medicine*. doi: 10.1007/s12529-020-09872-x
19. Goldstein, K.M., Lunyera, J., Mohottige, D., Alexopoulos, A., Campbell, H., Cameron, C.B., Sagalla, N., Amrhein, T.J., Crowley, M.J., **Dietch, J.R.**, Gordon, A.M., Kosinski, A.S., Williams, J.W., Giersich, J.M., Cantrell, S., & Ear, B. (2020). Risk of nephrogenic systemic fibrosis after exposure to newer gadolinium agents: a systematic review. *Annals of Internal Medicine*, 173(2), 110-20. doi: 10.7326/M20-0299
20. Williams, J.M., Taylor, D.J., Slavish, D.C., Gardner, C., Zimmerman, M.R., Patel, K., Reichenberger, D., Francetich, J., **Dietch, J.R.**, & Estevez, R. (2020). Validity of actigraphy in young adults with insomnia. *Behavioral Sleep Medicine*, 18(1), 91-106. doi: 10.1080/15402002.2018.1545653
21. Veeramachaneni, K.,* Slavish, D.C., **Dietch, J.R.**, Kelly, K., & Taylor, D.J. (2019). Intraindividual variability in sleep and perceived stress in young adults. *Sleep Health*, 5(6), 572-9. doi: 10.1016/j.sleh.2019.07.009.
22. **Dietch, J.R.**, Sethi, K., Slavish, D.C., & Taylor, D.J. (2019). Validity of two retrospective questionnaire versions of the Consensus Sleep Diary: the whole week and split week Self-Assessment of Sleep Surveys. *Sleep Medicine*, 63, 127-136. doi: 10.1016/j.sleep.2019.05.015
23. Doyle, C.Y., Ruiz, J.M., Taylor, D.J., Smyth, J.W., Flores, M., **Dietch, J.R.**, Ahn, C., Allison, M., Smith, T.W., & Uchino, B. N. (2019). Objective sleep is associated with ambulatory blood pressure in a community sample. *Psychosomatic Medicine*, 81(6), 545-556. doi: 10.1097/PSY.0000000000000711.
24. **Dietch, J.R.**, Ruggero, C.J., Schuler, K.L., Taylor, D.J., Luft, B. & Kotov, R. (2019). Posttraumatic stress disorder and sleep in the daily lives of World Trade Center responders. *Journal of Occupational Health Psychology*, 24(6), 689-702. doi: 10.1037/ocp0000158.
25. Pruiksma, K. E., Fina, B., **Dietch, J. R.**, Dondanville, K. A., Williams, J., Wright, E. C., Molino, A., Hall-Clark, B., Nicholson, K. L., Peterson, A. L., & Taylor, D. J. for the STRONG STAR Consortium (2018). Special considerations in the adaptation of cognitive behavioral therapy for insomnia with active duty US Army personnel. *Cognitive and Behavioral Practice*, 25(4), 515-530. doi: 10.1016/j.cbpra.2017.12.007
26. Bedford, L., **Dietch, J.R.**, Taylor, D.J., & Boals, A. (2018). Computer-guided problem-solving treatment for depression, PTSD, and insomnia symptoms in student veterans: a pilot randomized controlled trial. *Behavior Therapy*, 49(5), 756-67. doi: 10.1016/j.beth.2017.11.010
27. Jones, D., Rodrigues, V.J., de la Rosa, A., **Dietch J.R.**, & Kumar, M. (2018). The role of sleep dysfunction in the relationship between trauma, neglect and depression in methamphetamine using men. *Neurology, Psychiatry and Brain Research*, 30, 30-4. doi: 10.1016/j.npbr.2018.05.002
28. **Dietch, J.R.**, Taylor, D.J., Smyth, J.M., Ahn, C., Smith, T.W., Uchino, B.N., Allison, M., & Ruiz, J.M. (2017). Gender and racial/ethnic differences in sleep duration in the North Texas heart study, 3(5), 324-7. *Sleep Health*. doi: 1016/j.sleh.2017.07.002
29. **Dietch, J.R.**, Taylor, D.J., Sethi, K., Kelly, K., Bramoweth, A.D., & Roane, B.M. (2016). Psychometric evaluation of the PSQI in US college students. *Journal of Clinical Sleep Medicine*, 12(8), 1121-9. doi: 10.5664/jcsm.6050
30. Marczyk Organek, K.D., Taylor, D.J., Petrie, T.A., Martin, S.B., Greenleaf, C., **Dietch, J.R.**, & Ruiz, J.M. (2015). Adolescent sleep disparities: Gender and racial/ethnic differences. *Sleep Health*, 1(1), 36-9. doi: 10.1016/j.sleh.2014.12.003

Editorials, Commentaries, Position Statements

31. **Dietch, J.R.**, & Manber, R. (2021). Insomnia and cognitive arousal are important potential targets to reduce perinatal depression risk. *Sleep*, 44(6), zsab091. doi: 10.1093/sleep/zsab091
32. **Dietch, J.R.**, & Furst, A.J. (2020). Perspective: Cognitive-behavioral therapy for insomnia is a promising intervention for mild traumatic brain injury. *Frontiers Neurology*, 11, 530273. doi: 10.3389/fneur.2020.530273

33. Roth, A.J., & **Dietch, J.R.** (2020). A ruffled mind makes a restless pillow: Reducing depression incidence and severity with dCBT-I. *Sleep*, 43(11), zsaal53. doi: 10.1093/sleep/zsaal53
34. **Dietch, J.R.** & Taylor, D.J. (2019). The enigma of objective and subjective measurement of response to cognitive behavioral therapy for insomnia: Call to action. *Sleep Medicine Reviews*, 47, 119-121. doi: 10.1016/j.smrv.2019.08.003.
35. Trevorrow, T., Zhou, E.S., **Dietch, J.R.**, & Gonzalez, B.D. (2019). Society of Behavioral Medicine position statement: start middle and high schools at 8:30 a.m. or later to promote student health and learning. *Translational Behavioral Medicine*, iby020. doi: 10.1093/tbm/iby020
36. Taylor, D.J. & **Dietch, J.R.** (2018). Integration of cognitive behavioral therapy of insomnia. *Journal of Psychotherapy Integration*, 28, 269-74. doi: 10.1037/int0000133.

Chapters

1. Mundt, J.M., & **Dietch, J.R.** (2022). Sex and Gender Differences. In C. Kushida (Ed.), *Encyclopedia of Sleep and Circadian Rhythms* (2nd Edition). Oxford: Elsevier. doi: 10.1016/B978-0-12-822963-7.00019-0
2. **Dietch, J.R.**, Wilkerson, A.K., & Taylor, D.J. (2017). Sleep-Wake Disorders: Gender Differences. In E. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage. doi: 10.4135/9781483365817.n1269

Treatment and Assessment Manuals

1. Pruiksma, K.E., **Dietch, J.R.**, Wardle-Pinkston, S., Dolan, M., Wilkerson, A., & Taylor, D.J. (2019). *User Manual for the Structured Clinical Interview for Sleep Disorders – revised (SCISD-R)*. Retrieved from <https://insomnia.arizona.edu/SCISD>
2. Taylor, D.J., Wilkerson, A., Pruiksma, K.E., **Dietch, J.R.**, & Wardle-Pinkston, S. (2019). *Structured Clinical Interview for Sleep Disorders-Revised (SCISD-R)*. Retrieved from <https://insomnia.arizona.edu/SCISD>
3. Taylor, D.J., Peterson, A.L., Goodie, J.L., Grieser, E., Hryshko-Mullen, A.S., Rowan, A., Wilkerson, A., Pruiksma, K.E., **Dietch, J.R.**, Hall-Clark, B., & Fina, B. (2019). *Cognitive-Behavioral Therapy for Insomnia in the military: Therapist guide*. Retrieved from <http://insomnia.arizona.edu/CBTI-M>
4. Taylor, D.J., Peterson, A.L., Goodie, J.L., Grieser, E., Hryshko-Mullen, A.S., Rowan, A., Wilkerson, A., Pruiksma, K.E., **Dietch, J.R.**, Hall-Clark, B., & Fina, B. (2019). *Cognitive-Behavioral Therapy for Insomnia in the military: Patient guide*. Retrieved from <http://insomnia.arizona.edu/CBTI-M>

Other Research Products

1. Shepherd-Banigan, M., Drake, C., **Dietch, J.R.**, Shapiro, A., Tabriz, A.A., Van Voorhees, E.E., Uthappa, D.M., Wang, T., Lusk, J.B., Rossitch, S.R., Fulton, J., Gordon, A., Ear, B., Cantrell, S., Gierisch, J.M., & Williams, J.W. Jr., & Goldstein, K. Primary care engagement among Veterans with experiences of homelessness and serious mental illness: an evidence map. Washington, DV: Evidence Synthesis Program, Health Services Research and Development Service, Office of Research and Development, Department of Veterans Affairs. VA ESP Project #09-010; 2021. Available at: <https://www.hsrd.research.va.gov/publications/esp/reports.cfm>
2. **Dietch, J.R.** (2021, Spring). Insomnia assessment and treatment is an essential competency for health psychologists. *The Health Psychologist*. Retrieved from <https://div38healthpsychologist.com/2021/03/18/insomnia-assessment-and-treatment-is-an-essential-competency-for-health-psychologists/>
3. Rijksketic, J.M., **Dietch, J.R.**, Wardle-Pinkston, S. & Taylor, D.J. (2020). *Actigraphy (Actiware) Scoring Hierarchy Manual*. Retrieved from insomnia.arizona.edu/actigraphy.
4. Taylor, D. J., Pruiksma, K. E., **Dietch, J. R.**, Bunnell, B. E., Wardle-Pinkston, S., Patel, S., Ruggiero, K. J., Milanak, M. E., Calhoun, C. D., Rheingold, A. A., Morin, C. M., Peterson, A. L., Brim, W. L, Dolan, D. C., Simmons, R.O. & Wilkerson, A. K. (2019). CBTiweb [Online training]. Retrieved from <https://www.cbtweb.org>
5. Goldstein, K.M., Lunyera, J., Mohottige, D., Amrhein, T.J., Alexopoulos, A.S., Campbell, H., Cameron, C.B., Sagalla, N., Crowley, M.J., **Dietch, J.R.**, Gordon, A.M., Kosinski, A.S., Cantrell, S., Williams, J.W. Jr, & Gierisch, J.M. Risk of Nephrogenic Systemic Fibrosis After Exposure to Newer Gadolinium Agents. Washington, DC: Evidence Synthesis Program, Health Services Research and Development Service, Office of Research and Development, Department of Veterans Affairs. VA ESP Project #09-010; 2019. Available at: <https://www.hsrd.research.va.gov/publications/esp/reports.cfm>
6. Taylor, D.J., Roane, B.M., & **Dietch, J.R.** (2013, Summer). Treatments of chronic insomnia in adults and children. *Texas Psychologist*. Retrieved from <https://www.texaspsyc.org/page/TexasPsychologist>

HONORS and AWARDS

2018	Charlotte Friedersdorff-Boyd Memorial Scholarship for Outstanding Graduate Student, UNT	\$1000
2017	Travel Award, Sleep Research Network	\$1000
2017	Outstanding Scholarly Publication Award, UNT	\$1000
2017	Excellence in Research Award, Society of Behavioral Medicine	\$500
2017	Raupe Travel Grant, UNT	\$750
2013 – 2017	College of Arts and Sciences Travel Grant, UNT (awarded annually)	\$300-400/year
2016 – 2017	Student Travel Award, American Psychological Association (awarded annually)	\$300/year
2016	Presidential Citation – Anniversary Task Force, Society for Health Psychology	
2014 – 2016	Student Poster Award, UNT (awarded annually)	\$100/year
2015	Student Dissertation and Thesis Award, Society of Behavioral Sleep Medicine (SBSM)	
2013 – 2015	Graduate Student Support Grant, UNT (awarded annually)	\$300/year
2014	Distinguished Service Award, SBSM	
2014	Frank Collins Memorial Scholarship, UNT	\$1000
2013	Sleep Disorders SIG Student Award, Association of Behavioral and Cognitive Therapies	
2013	Graduate Student Research and Fellowship Support Program, UNT	\$500

RESEARCH SUPPORT

Current/Awarded

W81XWH-16-PRMRP-TTDA DoD-PRMRP Web-based provider training for cognitive behavioral therapy of insomnia (CBTi) The overarching goal of this study is to develop a sophisticated, user-friendly Web-based provider training course for CBTi (CBTi <i>Web</i>) which is fully sustainable, accessible with minimal cost (financial and time) to the clinician, and results in knowledge gains similar to those of an in-person training. Role: Co-Investigator	Taylor (PI)	7/14/2017-2/1/2022
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W81XWH-20-PRMRP-TTDA DoD-PRMRP Web-Based Provider Training for Cognitive Behavioral Therapy for Nightmares (CBT-N) The goals of this study are to develop a web-based program that is fully sustainable and accessible with minimal costs and time constraints for providers in order to disseminate precision assessment and treatment of nightmares with the first line non-pharmacological treatment: cognitive behavioral therapy for nightmares (CBTn). Role: Co-Investigator	Pruiksma (PI)	09/01/2021-08/31/2024
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MSF-1 Moebius Syndrome Foundation Sleep Health of Children and Adults with Moebius Syndrome The proposed project seeks to comprehensively characterize sleep health among adults and children with Moebius syndrome which will aid in identifying potential treatment targets to address with behavioral sleep medicine interventions. Role: PI	Dietch (PI)	06/15/2021-06/14/2022
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Strategic Research Award American Academy of Sleep Medicine Foundation Piloting an Adaption of Cognitive Behavioral Therapy for Insomnia for Shift Workers (CBTI-Shift) The proposed project seeks to examine the feasibility and acceptability of a cognitive-behavioral therapy for shift workers, CBTi-Shift, using a pilot randomized controlled trial. Secondly, this project will preliminarily test the effect of CBTi-Shift on insomnia symptom severity, fatigue, wake time sleepiness, sleep duration, and sleep efficiency. Role: PI	Dietch (PI)	10/01/21 – 09/30/24
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In-Kind Grant Fitbit/Fitabase Examining Sleep Health of Transgender Youth Initiating Gender-Affirming Hormone Therapy This study will examine the sleep health of transgender youth before, during, and after initiation of gender-affirming hormone therapy. Role: PI	Dietch (PI)	10/01/21 – 03/01/23
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Pending/Under Review

1K23HL157698-01A1 (Dietch) NIH/NHLBI Developing a sleep health intervention for shift workers The primary aim of this grant proposal is to prepare the PI for a career as an independent clinical scientist conducting research to improve accessibility to behavioral sleep interventions among underserved populations such as shift workers. Role: PI	Dietch (PI)	6/01/22 – 5/31/27
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Completed

Dissertation Award Foundation for Rehabilitation Psychology Accuracy of three assessments of sleep timing, duration, and efficiency compared to a single-channel EEG device This study evaluated the accuracy of retrospective surveys, sleep diaries, and actigraphy compared to a single-channel EEG device for assessing sleep timing, duration, and efficiency in a naturalistic environment across one week using a broad community sample. Role: PI	Dietch (PI)	12/01/16 – 12/01/17
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In-Kind Grant General Sleep Corporation Accuracy of three assessments of sleep timing, duration, and efficiency compared to a single-channel EEG device This study evaluated the accuracy of retrospective surveys, sleep diaries, and actigraphy compared to a single-channel EEG device for assessing sleep timing, duration, and efficiency in a naturalistic environment across one week using a broad community sample. Role: PI	Dietch (PI)	12/01/16 – 12/01/17
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Fellowship Award Toulouse Graduate School Doctoral Fellow Award Role: Doctoral Fellow	Dietch (PI)	09/01/2012 – 05/15/2016
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R01AI128359-01 NIH/NIAID Sleep and Vaccine Response in Nurses (SAV-RN) The overarching goal of the current study is to develop a comprehensive model detailing the effects of sleep and its specific facets, as well as other risk factors, on the short-term (1-month) influenza antibody response, as well as its long-term (12-month) degradation. Role: Consultant	Taylor & Kelly (Co-PIs)	12/1/2016-11/30/2019
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2T32MH019938-26A1 NIH/NIMH A Biobehavioral Research Training Program This clinical research training program is designed for those who plan to pursue careers in clinical research with a specialization in adult disorders including mood, anxiety, eating disorders, and related areas such as insomnia. Role: Postdoctoral Fellow	Schatzberg (PI) & Manber (co-PI)	9/1/2020 – 3/15/2022
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PROFESSIONAL SERVICE

Societal Committees and Service

2021 – present	Society for Behavioral Sleep Medicine, Early Career Consultation Group	Co-Chair
2020 – present	Society for Behavioral Medicine, Sleep Special Interest Group	Co-Chair
2020 – 2021	Society for Behavioral Sleep Medicine, Digital CBT-I Task Force	Task Force Member
2019 – 2020	Sleep Research Society	Trainee Member-at-Large
2018 – present	APPIC Application for Psychology Internship (AAPI) Revision Advisory Panel	Committee Member
2016 – 2017	Society for Behavioral Sleep Medicine Media Task Force	Task Force Member
2016 – 2018	Society for Behavioral Medicine Sleep Disorders Special Interest Group	Student Liaison
2015 – 2016	Sleep Research Society Trainee Education Advisory Committee	Committee Member
2015	Society for Health Psychology 38 th Anniversary Task Force	Committee Member
2015	American Psychological Association Conference	Volunteer
2015	Society of Behavioral Medicine Conference	Volunteer
2014 – 2018	Society of Behavioral Sleep Medicine	Accreditation Committee
2014 – 2016	Division Student Representative Network	Division 38 Liaison
2014 – 2016	Society for Health Psychology Student Advisory Council	Membership Committee
2013 – 2019	Society for Health Psychology Social Media Committee	Video Production Specialist
2013 – 2019	Society for Health Psychology International Relations Committee	Committee Member
2013 – 2014	Society for Behavioral Sleep Medicine	Student Board Member
2013	Society for Behavioral Sleep Medicine Awards Committee	Student Representative

Intramural Committees and Service (OSU)

2021 - present	Clinical Psychology PhD Exploration Committee	Member
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EDITORIAL CONTRIBUTIONS

Publons Reviewer Profile: publons.com/a/1453589/

Ad Hoc Reviewer

Advances in Therapy	Neuropsychiatric Disease and Treatment
American Journal of Epidemiology	PLOS One
American Journal of Lifestyle Medicine	Psychiatry Research
Annals of the American Thoracic Society	Psychological Reports
Assessment	Scientific Reports – Nature
Behavior Therapy	Sleep
Behavioral Sleep Medicine	Sleep Health
BMC Health Services Research	Sleep Medicine
Cognitive and Behavioral Practice	Sleep Medicine Reviews
Dreaming	Sleep Science
International Journal of Behavioral Medicine	Stress and Health
International Journal of Environmental Research and Public Health	Translational Issues in Psychological Science
Journal of Adolescent Health	
Journal of Child Psychology and Psychiatry	
Journal of Clinical Sleep Medicine	
Journal of Gender Studies	
Journal of Sleep Research	
Learning and Individual Differences	
Medicina	

ORAL PRESENTATIONS

Symposia, Workshops, Oral Presentations

1. Pruiksma, K.E., Taylor, D.J., Mintz, J., Slavish, D. C., Wardle-Pinkston, S., **Dietch, J. R.**, Dondanville, K. A., Young-McCaughan, S., Nicholson, K. L., Litz, B. T., Keane, T. M., Peterson, A. L., Resick, P. A., for the Consortium to Alleviate PTSD. (2022, March). Treatment of Comorbid Sleep Disorders and PTSD. In K. E. Pruiksma (Chair). *The Chicken and the Egg of Treating Sleep Disorders and Psychiatric Conditions: Insomnia, Nightmares, Depression, Anxiety, and PTSD*. Symposium to be presented at the meeting of the World Sleep Congress, Rome, Italy.
2. Taylor, D. J., **Dietch, J. R.**, Pruiksma, K. E., Calhoun, C.D., Milanak, M. E., Wardle-Pinkston, S., Rheingold, A., Ruggiero, K. J., Bunnell, B., Wilkerson, A. (2021, September). Developing and Testing a Web-Based Provider Training for Cognitive Behavioral Therapy for Insomnia. In K. E. Pruiksma (Chair), *Innovative Solutions to Behavioral Sleep Medicine Challenges: Development and Launch of a Web-Based Provider Training for Cognitive Behavioral Therapy for Insomnia (CBT-I)*. Symposium presented at the meeting of the Society of Behavioral Sleep Medicine (SBSM), Nashville, TN.
3. Wilkerson, A., Taylor, D. J., **Dietch, J. R.**, Pruiksma, K. E., Calhoun, C.D., Milanak, M. E., Wardle-Pinkston, S., Rheingold, A., Ruggiero, K. J., Bunnell, B. (2021, September). Implementation Engagement Rates, Knowledge Gains, and Provider Acceptability of a New Web-Based Provider Training for Cognitive Behavioral Therapy for Insomnia (CBT-I). In K. E. Pruiksma (Chair), *Innovative Solutions to Behavioral Sleep Medicine Challenges: Development and Launch of a Web-Based Provider Training for Cognitive Behavioral Therapy for Insomnia (CBT-I)*. Symposium presented at the meeting of the Society of Behavioral Sleep Medicine (SBSM), Nashville, TN.
4. **Dietch, J. R.**, Taylor, D. J., Pruiksma, K. E., Calhoun, C.D., Milanak, M. E., Wardle-Pinkston, S., Rheingold, A., Ruggiero, K. J., Bunnell, B., Wilkerson, A. (2021, September). Cost Comparison of a Web-Based Provider Training for Cognitive Behavioral Therapy for Insomnia (CBT-I). In K. Pruiksma (Chair), *Innovative Solutions to Behavioral Sleep Medicine Challenges: Development and Launch of a Web-Based Provider Training for Cognitive Behavioral Therapy for Insomnia (CBT-I)*. Symposium presented at the meeting of the Society of Behavioral Sleep Medicine (SBSM), Nashville, TN.
5. Pruiksma, K. E., Taylor, D. J., **Dietch, J. R.**, Calhoun, C.D., Milanak, M. E., Wardle-Pinkston, S., Rheingold, A., Ruggiero, K. J., Bunnell, B., Wilkerson, A. (2021, September). Developing and Testing a Web-Based Provider Training for Cognitive Behavioral Therapy for Nightmares (CBT-N) In K. Pruiksma (Chair), *Innovative Solutions to Behavioral Sleep Medicine Challenges: Development and Launch of a Web-Based Provider Training for Cognitive Behavioral Therapy for Insomnia (CBT-I)*. Symposium presented at the meeting of the Society of Behavioral Sleep Medicine (SBSM), Nashville, TN.
6. Pruiksma, K. E., **Dietch, J.R.**, & Tyler, H. (2021, August). *Technical Training for the Structured Clinical Interview for Sleep Disorders-Revised (SCISD-R)*. Skill-Building Session conducted at the meeting of the American Psychological Association (APA), Virtual Conference.
7. **Dietch, J.R.** & Estevez Burns, R. (2021, April). Optimizing delivery of cognitive behavioral therapy for insomnia via telehealth: special considerations during COVID-19. Accepted for pre-conference course at the 42nd annual meeting of the Society of Behavioral Medicine [virtual].
8. **Dietch, J.R.** (2020, August). Successful treatment of comorbid insomnia and nightmare disorders using a cognitive-behavioral approach. In A. Roth (Chair), *Behavioral interventions for adult parasomnias: Methods, evidence, and case examples*. Clinical workshop conducted at the 34th annual meeting of the Associated Professional Sleep Societies [virtual].
9. **Dietch, J.R.**, Manber, R., Buysse, D.J., Edinger, J.D., & Krystal, A. (2020, June). Age and education level are correlates of dropout from cognitive-behavioral therapy for insomnia in participants with co-occurring depression: a report from the TRIAD study. Accepted for oral presentation at the 34th annual meeting of the Associated Professional Sleep Societies, Philadelphia, PA.
10. Taylor, D.J., Resick, P.A., Pruiksma, K.E., Nicholson, K., **Dietch, J.R.**, Slavish, D.C., Dondanville, K.A., Wardle-Pinkston, S., Mintz, J., Hale, W.J., Williamson, D.E., Litz, B.T., Young-McCaughan, S., Keane, T.M., & Peterson, A.L.; for the Consortium to Alleviate PTSD. (2019, November). Treatment of comorbid sleep disorders and PTSD. Oral presentation given at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
11. Taylor, D.J., Resick, P.A., Pruiksma, K.E., Nicholson, K., **Dietch, J.R.**, Slavish, D.C., Dondanville, K.A., Wardle-Pinkston, S., Mintz, J., Hale, W.J., Williamson, D.E., Litz, B.T., Young-McCaughan, S., Keane, T.M., & Peterson, A.L.; for the Consortium to Alleviate PTSD. (2019, October). Treatment of comorbid sleep disorders and PTSD: Self-report and biomarker findings. Oral presentation given at the San Antonio Combat PTSD Conference, San Antonio, TX.
12. **Dietch, J.R.** & Taylor, D.J. (2019, September). Psychosocial and sleep correlates of insomnia identity and uncoupled sleep. In K. Lichstein (Chair), *Insomnia identity*. Symposium conducted at the 1st annual meeting of the Society of Behavioral Sleep Medicine, Birmingham, AL.
13. Taylor, D.J., **Dietch, J.R.**, Slavish, D.C., Wardle-Pinkston, S., Kelly, K., Ruggiero, C., & Messman, B. (2019, September). Multifaceted measurement of sleep and circadian factors in sleep and depression. In N. Carmona (Chair), *Depression and sleep: new insights in measurement and treatment*. Symposium conducted at the 15th biennial joint congress of the World Association of Sleep Medicine and World Sleep Federation, Vancouver, BC.
14. **Dietch, J.R.** & Taylor, D.J. (2019, June). Validity of survey measures of sleep duration, efficiency, and timing. In *Measurement and analysis of sleep and circadian dimensions*. Symposium conducted at the 33rd annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.
15. **Dietch, J.R.**, Francetich, J.M., & Cribbet, M. (2018, April). Scoring Actigraphy. In **J.R. Dietch (Chair)**, *Actigraphy for sleep and physical activity research: Nuts & bolts*. Symposium conducted at the 39th annual meeting of the Society for Behavioral Medicine, New Orleans, LA.

16. **Dietch, J.R.**, Baron, K.G. & Trevorrow, T. (2017, March). Basics of Sleep Measurement: Tools and Techniques. In **J.R. Dietch (Chair)**, *Why and how to measure sleep in health research: Pitfalls and recommendations*. Symposium conducted at the 38th annual meeting of the Society for Behavioral Medicine, San Diego, CA.
17. Francetich, J.M., Taylor, D.J., Moore, S., Crew, E.C., **Dietch, J.R.**, Estevez, R., Chu, C., Kelly, K. (2015, June). A comparison of actigraphy sleep onset and sleep offset settings across wake threshold settings. In *New Methods and Technologies for Assessing Sleep Disorders*. Symposium conducted at the 29th annual meeting of the Associated Professional Sleep Societies, Seattle, WA.

Datablitzes

18. “Validity of survey measures of sleep duration, efficiency, and timing.” (2019, June). Presented at data blitz of the Society for Behavioral Sleep Medicine at 33rd annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.
19. “Summer sleep times as predictors of academic functioning.” (2013, June). Presented at data blitz of the Circadian Rhythms section of the American Academy of Sleep Medicine at 27th annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.

POSTER PRESENTATIONS (* = mentored student)

1. Haro, E.,* **Dietch, J.R.**, & Akibar, A. (2021, September). *Intersecting identities of young adults: relationship between heterosexual discrimination history and insomnia symptoms*. Poster presented at the 3rd Annual Conference of the Society for Behavioral Sleep Medicine, Nashville, TN [virtual].
2. Wilkerson, A., Wardle-Pinkston, S., **Dietch, J.R.**, Pruiksma, K., Simmons, R., Bunnell, B., & Taylor, D. (2021, November 18-21). *Integrating Online Provider Trainings into a Digital Future: Development and Launch of CBTIweb* [Poster presentation]. Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA, United States.
3. Kim, K. N.,* **Dietch, J. R.**, & Taylor, D. J. (2021, November) *Does Adherence to Cognitive Behavioral Therapy for Insomnia predict outcomes?* Poster to be presented at ABCT 2021, the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.
4. **Dietch, J. R.**, Simpson, N., Tutek, J., Tully, I., Rangel, E., & Manber, R. (2021, June). *Historical use of substances for insomnia impacts current beliefs about hypnotic medications*. Poster presented at the 35th annual meeting of the Associated Professional Sleep Societies [virtual].
5. Kim, K. N.,* **Dietch, J. R.**, & Douglas, M. (2021, June). *Implicit and explicit stigma towards evening types*. Poster presented at the 35th annual meeting of the Associated Professional Sleep Societies [virtual].
6. Manber, R., Simpson, N., **Dietch, J.R.**, Tutek, J., & Tully, I. (2021, June). *Measuring daytime sleepiness in insomnia disorder*. Poster presented at the 35th annual meeting of the Associated Professional Sleep Societies [virtual].
7. Tully, I., Simpson, N., **Dietch, J.R.**, Tutek, J., & Manber, R. (2021, June). *Assessing use and beliefs about sleep medications in a sample of older adults: The role of hypnotic dependency*. Poster presented at the 35th annual meeting of the Associated Professional Sleep Societies [virtual].
8. Simpson, N., Tully, I., **Dietch, J.R.**, Tutek, J., & Manber, R. (2021, June). *Age is only a number: Treatment modality preferences in a randomized controlled trial of CBTI in older adults*. Poster presented at the 35th annual meeting of the Associated Professional Sleep Societies [virtual].
9. Tutek, J., Solomon, N. L., **Dietch, J. R.**, Simpson, N., & Manber, R. (2021, June). *Evening chronotype predicts subjective sleep symptom severity in pregnant women with insomnia disorder*. Poster presented at the 35th annual meeting of the Associated Professional Sleep Societies [virtual].
10. Badon, S.E., **Dietch, J.R.**, Tutek, J., Solomon, N. L., Simpson, N., & Manber, R. (2021, June). *Characteristics associated with napping among pregnant women with insomnia*. Poster presented at the 35th annual meeting of the Associated Professional Sleep Societies [virtual].
11. Farmer, H.R., Slavish, D.C., Ruiz, J., Ruggero, C., **Dietch, J.R.**, Messman, B.A., Kelly, K., Kohut, M., & Taylor, D.J. (2020, December). *Racial/ethnic variations in inflammation: the role of sleep*. Poster presented at the 78th annual meeting of the American Psychosomatic Society [virtual].
12. **Dietch, J.R.**, Manber, R., Buysse, D.J., Edinger, J.D., & Krystal, A. (2020, August). *Age and education level are correlates of dropout from cognitive-behavioral therapy for insomnia in participants with co-occurring depression: a report from the TRIAD study*. Poster presented at the 34th annual meeting of the Associated Professional Sleep Societies [virtual].
13. Atwood, M.A., **Dietch, J.R.**, Manber, R., Buysse, D.J., Edinger, J.D., & Krystal, A. (2020, August). *Insomnia symptom trajectories during and following comorbid treatment for insomnia and depression: A report from the TRIAD study*. Poster presented at the 34th annual meeting of the Associated Professional Sleep Societies [virtual].
14. **Dietch, J.R.**, Slavish, D.C., Messman, B.A.,* Wardle-Pinkston, S., Kelly, K., Ruggero, C.J., & Taylor, D.J. (2020, August). *Do associations between daily stress and sleep vary by work shift? A within-person analysis in nurses*. Poster presented at the 34th annual meeting of the Associated Professional Sleep Societies [virtual].
15. Scott, B.,* Crawford, M., Slavish, D.C., Messman, B.A.,* Wardle-Pinkston, S., **Dietch, J.R.**, Kelly, K., Ruggero, C.R., & Taylor, D.J. (2020, August). *Demographic differences in the degree of discrepancy between sleep diary and actigraphy measures of sleep*. Poster presented at the 34th annual meeting of the Associated Professional Sleep Societies [virtual].
16. Santiago, B., Messman, B.A.,* Slavish, D.C., Alkire, C., Wardle-Pinkston, S., **Dietch, J.R.**, Kelly, K., Ruggero, C.J., & Taylor, D.J. (2020, August). *Do nurses with high blood pressure have more sleep disturbances than their peers?* Poster presented at the 34th annual meeting of the Associated Professional Sleep Societies [virtual].
17. Shapiro, T.H., Messman, B.A.,* Slavish, D.C., Alkire, C., Wardle-Pinkston, S., **Dietch, J.R.**, Kelly, K., Ruggero, C.J., & Taylor, D.J. (2020, August). *Depression moderates the association between PTSD and nightmare severity in nurses*. Poster presented at the 34th annual meeting of the Associated Professional Sleep Societies [virtual].

18. Slavish, D.C., Asbee, J., Veeramacheni, K., Scott, B., Messman, B., Sin, N.L., Taylor, D.J. & **Dietch, J.R.** (2020, August). *The cycle of daily stress and sleep: Sleep measurement matters*. Poster presented at the 34th annual meeting of the Associated Professional Sleep Societies [virtual].
19. Taylor, D.J., Bunnell, B.E., Calhoun, C., Pruiksma, K. E., **Dietch, J.R.**, Wardle-Pinkston, S., Milanak, M., Rheingold, A., Peterson, A., Morin, C., Ruggiero, K.J., Brim, W., Dolan, D., Wilkerson, A.K. (2020, August). Developing and testing a web-based provider training for cognitive behavioral therapy of insomnia. Poster presented at the 34th Annual Meeting of the Associated Professional Sleep Societies [virtual].
20. **Dietch, J.R.**, Slavish, D.C., Ruggiero, C.J., Kelly, K., Messman, B.,* Wardle-Pinkston, S., & Taylor, D.J. (2020, April). *Insomnia identity and psychosocial health in nurses*. Poster accepted at the 40th annual meeting of the Society of Behavioral Medicine, San Francisco, CA (conference cancelled due to COVID-19).
21. **Dietch, J.R.**, Sethi, K., Slavish, D., & Taylor, D.J. (2019, September). *Validity of two retrospective questionnaire versions of the Consensus Sleep Diary: the Whole Week and Split Week Self-Assessment of Sleep Surveys*. Poster presented at the 15th biennial World Sleep Congress, Vancouver, BC.
22. Taylor, D.J., Resick, P.A., Pruiksma, K.E., Nicholson, K., **Dietch, J.R.**, Slavish, D.C., Dondanville, K.A., Wardle-Pinkston, S., Mintz, J., Hale, W.J., Litz, B.T., Young-McCaughan, S., Keane, T.M., & Peterson, A.L.; for the Consortium to Alleviate PTSD. (2019, August). *Treatment of comorbid sleep disorders and PTSD: Self-report findings*. Poster presented at the Military Health System Research Symposium, Kissimmee, FL.
23. Taylor, D.J., Wilkerson, A.K., Bunnell, B.E., Calhoun, C., Pruiksma, K. E., **Dietch, J.R.**, Milanak, M., Rheingold, A., Peterson, A., Morin, C., Dolan, D., Brim, W., Ruggiero, K.J., Wardle-Pinkston, S., Dolan, M.A. (2019, August). *Developing and testing a web-based provider training for cognitive behavioral therapy of insomnia*. Poster presented at the Military Health System Research Symposium, Kissimmee, FL.
24. **Dietch, J.R.** & Taylor, D.J. (2019, June). *Validity of survey measures of sleep duration, efficiency, and timing*. Poster presented at the 33rd annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.
25. Price, S.N., Doyle, C.Y., Flores, M., Taylor, D.J., **Dietch, J.R.**, Ahn, C., Allison, M., Smith, T.W., Smyth, J.W., Uchino, B.N., & Ruiz, J.R. (2019, June). *Insomnia severity is associated with positive and negative affect: NHST and Bayesian multilevel approaches*. Poster presented at the 33rd annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.
26. Kumar, R.,* Slavish, D.C., Messman, B,* **Dietch, J.R.**, Wardle, S., Ruggiero, C.J., Kelly, K., & Taylor, D. J. (2019, June). *Associations between pain, depression, stress, and substance use in nurses with and without insomnia*. Poster presented at the 33rd annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.
27. Walker, J.L.,* Slavish, D.C., Messman, B.,* **Dietch, J.R.**, Taylor, D. J., Kelly, K., & Ruggiero, C.J. (2019, March). *The prevalence and psychosocial correlates of dietary supplement use in nurses*. Poster presented at the 77th annual meeting of the American Psychosomatic Society, Vancouver, BC.
28. Byeon, A., Slavish, D.C., **Dietch, J.R.**, Messman, B.,* Kelly, K., Ruggiero, C.J., & Taylor, D.J. (2018, November). *Depression, anxiety, and intraindividual variability in sleep in nurses*. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
29. Williams, A.M. & **Dietch, J.R.** (2018, November). *CPT in community mental health: Front-line application with co-occurring psychosis*. Poster presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
30. Pruiksma, K.E., Taylor, D.J., Tyler, H., **Dietch, J.R.**, Slavish, D., Kim, B.S., Brown, A.K., Ruggiero, C.J., Bryan, A.O., & Bryan, C.J. (2018, October). *Prevalence and correlates of nightmares in the National Guard*. Poster presented at the 3rd annual Combat PTSD Conference, San Antonio, TX.
31. Veeramacheni, K.,* **Dietch, J.R.**, Slavish, D.C., & Taylor, D.J. (2018, June). *Daily covariation of stress and EEG-determined sleep*. Poster presented at the 32nd annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.
32. Scott, B.V.,* **Dietch, J.R.**, Cloutier, R., Blumenthal, H. (2018, June). *Type of substance use over lifetime as a predictor for insomnia complaints*. Poster presented at the 32nd annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.
33. Hale, B.S.,* Messman, B.,* Brown, A.,* Banzuelo, H.,* Nguyen, T.L.,* Slavish, D.C., Taylor, D.J., & **Dietch, J.R.** (2018, June). *Daily positive affect predicts EEG-determined REM duration*. Poster presented at the 32nd annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.
34. Doyle, C.Y., Ruiz, J.M., **Dietch J.R.**, Taylor, D.J., Ahn, C., Allison, M., Smith, T.W., Smyth, J., Uchino, B. N. (2018, June). *Subjective, but not objective, measures of sleep continuity are associated with perceived stress in a community sample*. Poster presented at the 32nd annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.
35. Walker, J.,* Douglas, M., **Dietch, J.R.**, Slavish, D.C., Brown, A.,* Messman, B.,* Scott, B.,* Taylor, D.J., & Blumenthal, H. (2018, April). *Trait anxiety and restrictive eating as predictors of sleep onset latency and sleep quality*. Poster presented at the 38th annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
36. Charak, R., Hirai, M., Smith, T.W., Ruiz, J.M., **Dietch, J.R.**, & Taylor, D.J. (2017, November). *Assessing the dimensionality of posttraumatic stress disorder and its association with insomnia*. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
37. **Dietch, J.R.**, Agtarap, S., Kearns, N., Blumenthal, H., Boals, A., Taylor, D.J., & Pruiksma, K.E. (2017, November). *Directionality of nightmares, insomnia, and suicidal ideation among trauma-exposed college students*. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
38. Koh, S.,* **Dietch, J.R.**, Kelly, K., Ruiz, J.M., & Taylor, D.J. (2017, November). *Social vigilance in college students with and without insomnia*. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
39. Dadeboe, I.,* **Dietch, J.R.**, Taylor, D.J., Bramoweth, A., Sethi, K., & Roane, B.M. (2017, November). *Sleep characteristics and dropout rates in college students*. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

40. Dadeboe, I.,* **Dietch, J.R.**, Taylor, D.J., Bramoweth, A., Sethi, K., & Roane, B.M. (2017, November). *Sleep characteristics and dropout rates in college students*. Poster presented at the 8th annual meeting of the Annual Biomedical Research Conference for Minority Students, Phoenix, AZ.
41. **Dietch, J.R.** & Taylor, D.J. (2017, September). *Psychometric evaluation of the ISI in US college students*. Poster presented at the 9th annual meeting of the Sleep Research Network, Bethesda, MD.
42. **Dietch, J.R.**, Akibar, A., Blumenthal, H., & Niemann, Y.F. (2017, August). *Differences in subjective sleep complaints by sex and sexual orientation*. Poster presented at the 125th annual convention of the American Psychological Association, Washington, DC.
43. Liu, M.,* **Dietch, J.R.**, Estevez, R., & Taylor, D.J. (2017, June). *Relationships between personality domains, nightmares, and sleep quality*. Poster presented at the 31st annual meeting of the Associated Professional Sleep Societies, Boston, MA.
44. Veeramachaneni, K.,* Francetich, J.M., **Dietch, J.R.**, Taylor, D.J., & Kelly, K. (2017, June). *The role of sleep parameters and insomnia status in predicting perceived stress*. Poster presented at the 31st annual meeting of the Associated Professional Sleep Societies, Boston, MA.
45. Schuler, K.L., **Dietch, J.R.**, Ruggero, C.J., Taylor, D.J., & Kotov, R. (2017, May). *Relationships between Posttraumatic Stress Disorder (PTSD) Symptoms and Sleep in Daily Life*. Poster presented at the 29th annual convention of the Association for Psychological Science, Boston, MA.
46. **Dietch, J.R.** & Taylor, D.J. (2016, October). *Validity and reliability of the modified Insomnia Severity Index (mISI)*. Poster presented at 50th annual Meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
47. Estevez, R., **Dietch, J.R.**, & Taylor, D.J. (2016, October). *Nightmare disorder prevalence as defined by the DSM-5 in a college sample: Preliminary findings*. Poster presented at 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
48. Bedford, L., Taylor, D.J., Boals, A., **Dietch, J.R.**, Goans, C., Calmenson, N., & Tomalski, J. (2016, October). *Electronic problem solving treatment (ePST[®]) for depression in student veterans*. Poster presented at 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
49. **Dietch, J.R.** & Taylor, D.J. (2016, August). *Temporal stability of survey sleep measurement in college students*. Poster presented at 124th annual convention of the American Psychological Association, Denver, CO.
50. Francetich, J.M., **Dietch, J.R.**, Wilkerson, A.M., Kelly, K., & Taylor, D.J. (2016, June). *Distinguishing insomnia from non-insomnia with actigraph and sleep diary parameters: A quantitative approach*. Poster presented at 30th annual meeting of the Associated Professional Sleep Societies, Denver, CO.
51. Messman, B.A.,* Scott, B.V.,* **Dietch, J.R.**, Francetich, J.M., Kelly, K., & Taylor, D.J. (2016, June). *Total sleep time as moderator for serum glucose levels in college students with and without insomnia*. Poster presented at 30th annual meeting of the Associated Professional Sleep Societies, Denver, CO.
52. **Dietch, J.R.**, Taylor, D.J., Ahn, C., Allison, M., Smith, T.W., Smyth, J.M., Uchino, B.N., & Ruiz, J.M. (2016, March). *Racial/ethnic, sex, and age differences in objective sleep in a diverse community sample*. Poster presented at the 74th annual meeting of the American Psychosomatic Society, Denver, CO.
53. Ticknor, J.,* **Dietch, J.R.**, & Taylor, D.J. (2015, November). *Relationship between insomnia and suicidal symptoms*. Poster presented at 49th annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
54. **Dietch, J.R.**, Cloutier, R.M., Douglas, M.E., Taylor, D.J., & Blumenthal, H. (2015, November). *Associations between insomnia symptoms and motives for non-medical prescription stimulant use among college students*. Poster presented at 49th annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
55. **Dietch, J.R.**, Taylor, D.J., Bramoweth, A.D., Sethi, K., & Roane, B.M. (2015, June). *Insufficient sleep, total sleep time, and sleep quality as predictors of biopsychosocial outcomes*. Poster presented at 29th annual meeting of the Associated Professional Sleep Societies, Seattle, WA.
56. **Dietch, J.R.**, Taylor, D.J., Ahn, C., Allison, M., Smith, T.W., Smyth, J.M., Uchino, B.N., & Ruiz, J.M. (2015, April). *Validation of a brief measure of self-reported insomnia, sleep apnea, and sleep duration: The Brief Sleep Questionnaire (BSQ)*. Poster presented at 36th annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
57. **Dietch, J.R.** & Taylor, D.J. (2014, November). *Relationship between insomnia subtypes and psychiatric symptoms*. Poster presented at 48th annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
58. Wilkerson, A.K., Taylor, D.J., **Dietch, J.R.**, Francetich, J., Estevez, R., Sethi, K., Sebastian, B., Saucedo, C.*, Sternad, R.* (2014, November). *Is "pregnancy brain" a function of sleep?* Poster presented at 48th annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
59. Saucedo, C.,* **Dietch, J.R.**, Francetich, J., & Taylor, D. J. (2014, November). *Effects of circadian preference and class start time on academic performance*. Poster presented at 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
60. **Dietch, J.R.**, Sethi, K., Taylor, D.J., Bramoweth, A., Mannon, K., & Roane, B.M. (2014, June). *Psychometrics and divergent validity of the PSQI in a college sample*. Poster presented at 28th annual meeting of the Associated Professional Sleep Societies, Minneapolis, MN.
61. Saucedo, C.,* **Dietch, J.R.**, Francetich, J., & Taylor, D. J. (2014). *Effects of circadian preference and class start time on academic performance*. Poster presented at 22nd annual McNair Recognition Luncheon and Research Presentations, Denton, TX.
62. Francetich, J.M., Taylor, D. J., Kelly, K., Crew, E.C., Estevez, R., **Dietch, J.R.**, Chu, C., Marczyk, K. (2014, June). *A comparison of low, medium, and high wake threshold settings for actigraphy sleep onset latency and terminal wakefulness in college students with and without insomnia*. Poster presented at 28th annual meeting of the Associated Professional Sleep Societies, Minneapolis, MN.
63. **Dietch, J.R.**, Taylor, D.J., Bramoweth, A., Mannon, K., Sethi, K., & Roane, B.M. (2013, November). *Validation of the DBAS-16 in a college sample*. Poster presented at 47th annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

64. Francetich, J.M., Taylor, D.J., Kelly, K., Crew, E.C., Marczyk, K., Estevez, R., **Dietch, J.R.**, & Wilkerson, A. (2013, November). *Perceived stress as a predictor of sleep onset latency in college students with and without insomnia*. Poster presented at 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
65. **Dietch, J.R.**, Taylor, D.J., Bramoweth, A., Mannon, K., Sethi, K., & Roane, B.M. (2013, June). *Summer sleep times as predictors of academic and psychosocial functioning*. Poster presented at 27th annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.
66. Francetich, J.M., Taylor, D.J., Kelly, K., Estevez, R., **Dietch, J.R.**, & Mathew, P. (2013, June). Manually determining actigraph rest intervals for software analysis: Sleep diary times versus actiwatch event marker times. Poster presented at 27th annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.

INVITED LECTURES

- Dietch, J.R.** (May, 2020). *Objective sleep assessment*. Invited presentation to STRONG STAR fellow didactics, University of Texas Health Science Center, San Antonio [virtual].
- Dietch, J.R.** (March, 2020). *Comparison of four assessments of sleep timing, duration, and efficiency: single-channel EEG, actigraphy, sleep diary, and retrospective questionnaire*. Invited presentation to BASE Sleep Seminar, Monash University [virtual].
- Dietch, J.R.** (April, 2019). *Behavioral sleep medicine: Measurement, intervention, and dissemination*. Invited presentation to Psychology Service, Durham VA Medical Center.
- Dietch, J.R.** (February, 2018). *Cognitive-behavioral treatments for nightmare disorder*. Invited presentation to Psychology Didactic Series, University of Texas, Southwestern.
- Dietch, J.R.** (December, 2017). *Assessing measurement accuracy with Bland-Altman plots*. Presentation to Statistical Theories, Analyses and Measurement in Psychology (STAMP), University of North Texas.
- Dietch, J.R.** & Cloutier, R.M. (November, 2017). *Grantsmanship at the graduate level*. Invited presentation to Family Attachment research lab, University of North Texas.
- Dietch, J.R.** & Veeramachaneni, K.V. (October & November, 2017). *The cost of sleep*. Invited presentation to Texas Academy of Math and Science, University of North Texas.
- Dietch, J.R.** (February, 2017). *Introduction to statistical analyses in R*. Presentation at STAMP, University of North Texas.
- Dietch, J.R.** (January, 2017). *Work-life balance in academia: Sleep*. Invited presentation to Faculty Panel on Work-Life Balance, University of North Texas.
- Dietch, J.R.** (November, 2016). *ROC curve analysis*. Presentation at STAMP, University of North Texas.
- Dietch, J.R.** (September, 2013). *Sleep in adolescence*. Invited presentation at meeting of Texas Academy of Math and Science Medical Society, University of North Texas.

CLINICAL EXPERIENCE

- | | |
|----------------------|---|
| 07/20 – 03/21 | Stanford University School of Medicine; Sleep Health and Insomnia Program
Fellow, Palo Alto, CA |
| 03/19 – 08/19 | Durham VA Medical Center: Posttraumatic Stress Disorder Clinical Team
Psychology Intern, Durham, NC |
| 03/19 – 08/19 | Durham VA Medical Center: Operation Iraqi Freedom/Operation Enduring Freedom Clinic
Psychology Intern, Durham, NC |
| 08/18 – 03/19 | Durham VA Medical Center: Behavioral Sleep Medicine/Health Psychology
Psychology Intern, Durham, NC |
| 08/18 – 03/19 | Durham VA Medical Center: Outpatient Mental Health
Psychology Intern, Durham, NC |
| 07/17 – 05/18 | The Steven A. Cohen Military Family Clinic at Metrocare
Clinician, Addison, TX |
| 04/17 – 08/17 | Modeling Marijuana Use Willingness and Problems as a Function of Social Rejection and Social Anxiety Among Adolescents (Research Study; PI: Cloutier)
Structured Clinical Interviewer, Denton, TX |
| 01/16 – 12/16 | University of Texas Southwestern/Parkland Memorial Hospital, Consult/Liaison Psychiatry
Extern, Dallas, TX |
| 01/16 – 08/16 | Cook Children’s Medical Center, Department of Pulmonology – Sleep Disorders
Extern, Fort Worth, TX |
| 09/15 – 12/15 | North Texas Lung and Sleep Clinic
Clinician, Southlake, TX |
| 01/14 – 08/15 | Sleep in Postpartum Women (Research Study; PI: Wilkerson)
Clinician, Dallas/Fort Worth Area, Texas |
| 03/14 – 08/15 | Academic, Social and Emotional Functioning of Students with ADHD (Research Study; PI: McKelvy)
Structured Clinical Interviewer, Denton, TX |
| 09/12 – 05/15 | University of North Texas, Department Psychology Clinic
Clinician, Denton, Texas |

SPECIAL SKILLS

- Training/experience in statistical software including SPSS, R, LISREL, and HLM
- Training/experience in sleep device software including Philips Respironics Actiware, Zmachine Data Viewer, and Compumedics PSG
- Experience in web-based data collection using Qualtrics and REDCap
- Proficiency in still photography, film/video cinematography, and video editing (software: Adobe Premiere, Photoshop)

SCHOLARLY SOCIETIES

2014 – present	Society of Behavioral Medicine
2013 – present	Association of Behavior and Cognitive Therapies
2013 – present	Society for Health Psychology (APA Division 38)
2012 – present	Sleep Research Society
2012 – present	Society of Behavioral Sleep Medicine

TEACHING EXPERIENCE

Sp'21	Clinical Research Methods, undergraduate (UG)	Oregon State University	Assistant Professor
7 semesters from Fa'17 – Sp'20	Quantitative Methods, UG	Indiana University East	Adjunct Instructor
Fa'15	Health Psychology, UG	UNT	Teaching Fellow/Instructor
Sp'15, S'16	Quantitative Methods II Lab, graduate	UNT	Teaching Fellow/Instructor
Fa'14, Fa'15	Quantitative Methods I Lab, graduate	UNT	Teaching Fellow/Instructor

OTHER TRAINING

2021	NIH OBSSR Institute on Randomized Behavioral Clinical Trials, Potomac, MD
2020	Responsible Conduct of Research course, MED 255, Stanford University
2012 – 2019	Society of Behavioral Sleep Medicine-accredited training program in behavioral sleep medicine (UNT)
2017	Suicide Prevention Training, Center for Deployment Psychology – 16 hours
2017	The Summer Institute: Preparing for a Military-Focused Career, Center for Deployment Psychology
2015	Salimetrics Spit Camp
2015	Graduate Student Teaching Excellence Program

REFERENCES

Available upon request.